

NEWSLETTER

TWICE A YEAR NEWS FROM YOUR NATIONAL ASSOCIATIONS

ENGLAND

Report of AMASC - England

In the last year two wonderful occasions have take place. The first was in October 2018 where

AMASC-England members met at The Hurlingham Club for the annual dinner. Barbara Vesey, the Sacred Heart Society's archivist was invited as guest of honour. Members enjoyed meeting Barbara and sharing memories and photos of their school days with her. Barbara is based at Digby Stuart college, Roehampton University and encourages any Sacred Heart old girls to send her artefacts, photos and stories. Barbara can be contacted by email at rscjenwarchives@gmail.com

The second special occasion was in early October 2018, when many AMASC national presidents met in Joigny, the birth place of St Madeleine Sophie Barat, to vote for a new world president. President Marisa Moreno from Mexico was retiring having completed her four year term. Paola Del Prete from Italy was voted in as new world president until 2022. The newly appointed World AMASC team are developing a four year plan with a focus on developing Young AMASC and setting up a new AMASC website which can be found at https://www.amasc-sacrecoeur.net/

Trish Frisby







EGYPT

Report of ANASCEgypt









Dear friends , allow me to share with you the joy of a fruitful and blessed year, 2018-2019 for the ANASCEgypt .

We gathered earlier last year in one of our schools over a dinner and received contributions from our alumnae that we donated partly to a governmental hospital for children , Aboul Rish , and partly to Banati Foundation for young girls, to which we bought and distributed needed materials during the visit of some of us.

We, also had the opportunity to help our free learning center and kindergarten in Bayadeya, in upper Egypt where our sisters serve . We offered them a bigger oven to prepare hot meals and a big television needed for the kindergarten teaching purposes.

In February, we organized and celebrated a memorial mass for our dear sister Rosario Mendez that was the school headmistress in Heliopolis for several generate ns and that passed away in Spain earlier this year.

Few weeks later, we enjoyed a tea party on the occasion of the visit of our beloved sister, Pilinchi Romero that was in charge for our school in Ghamra for years and that came for a visit from Spain where she resides now.

And finally, we had the pleasure to arrange for a long awaited trip for some of us to our school in upper Egypt, Abou korkas , where we were hosted by our Sacred Heart sisters there. We then, had the opportunity to visit their other house in Samalout and follow their work and efforts with the needy widows they take care of , so as the clinic to treat burns they run and that serve people from the surrounding villages.

We thank God for being able to help our sisters and schools realize their caritative projects while enjoying our reunions and sharing the same Sacred Heart spirit.

Hayley Harmouch ANASCEgypt

NEW ZEALAND

Report of the Baradene Alumnae Association

The Baradene Alumnae Association recently hosted our annual 5 Year Reunion event at the College. A large group of alumnae who left Baradene in 2014 attended, along with various staff who taught these students and Principal Sandy Pasley. The young alumnae were excited to see one another, and to be back at Baradene and reminisce on their time at school together. We had a wonderful evening filled with laughter, connection and some nostalgia with a pop quiz. Can you name all five of the school goals or remember what thetheme of your school Ball was?

In the Atrium of the Auditorium, as soon there will be two beautiful honoursboards installed on the wall to recognise the previous presidents of the Alumnae Association and recipients of the annual Alumnae Meritae Award. It's a privilege to honour these women in our alumnae community and we thank them for their contributions.

Our committee is made up of 13 dedicated and passionate women, we are thrilled to recently welcome two new members. Our annual A.G.M. is to be held in April 2020

The annual High Tea is to be held on Sunday the 8th December and we have already sold over a hundred ticket. This is the high light of our year, where we present the Meritae Award to a well-deserved member of the Alumnae.

The photo of the schoolgirls in uniform, shows the changes over the years from left to right being our most recent uniform. Melanie Watson our president is photographed with a young student of Baradene College.

On the 23rd of November the committee will host a morning tea for the sisters where we will give them a Christmas gift and introduce to them our two new members.

It is spring / early Summer in New Zealand and the schools will break up in early December for their 6 weeks annual holiday.





Uniforms in the past, and today



JAPAN Report of JASH







Last year, JASH and all the Sacred Heart Schools in Japan celebrated the bicentennial of Saint Rose Philippine Duchesne's arrival in the United States. This and the welcoming of the visit to Japan of Mother General's group as well as that of the ASIANZ sisters gave all the alumnae of our sister schools opportunities to work as one.

The new officers of AMASC have mentioned the word "change" in their announcement. Our foundress, St. Madeleine Sophie Barat said this word "change" quite often. We think that "changing is learning." This year, 2019, one of our goals is to change positively and constructively and hand down JASH policy to younger generations. We will change without fear just as Madeleine Sophie had done.

This year is the 60th anniversary of the construction of the Chapel at the University of the Sacred Heart. As with AMASC, JASH would like to have an attractive and globally unified year as a member of the Sacred Heart's family.

Finally, let us introduce an essay by Ms. Hiroko Tsukui, showing the spirit of the family of the Sacred Heart.

"On May 10, 1965 the Sacred Heart Alumni was held in Brussels, attended by the President of the Congress Banquet dinner was hosted by the Mayor of Brussels, and I was there, at the age of 20, wearing Japanese traditional "kimono." This kimono probably caught attention, and the Contessa de Grume invited me to their house, or I would rather call it a chateau, which was like a dream experience for me.

In August this year, I had an occasion to visit my eldest son living in Frankfurt, Germany. Knowing my desire to see the chateau again, he investigated where it was and took me there, three hours driving distance from Frankfurt. I had no appointment but just wanted to see how the chateau was 55 years since my last visit.

I brought the photo of that time, and upon arrival I showed it to the owner. He immediately understood who I was, and I learnt that he was a 15-year-old boy at that time. Surprisingly, the family still had the video of my "nichibu" dance, which I performed.

The world is small, and everybody is connected. I am very proud to be a Sacred Heart graduate. "

INDIA

Report of SCESA

Sophia College Ex-Students' Association

ACTIVITIES 2018 - 2019

Coffee and Cake 2018

SCESA organized its annual Coffee and Cake gettogether with the Teaching Staff of the College on **3rd August, 2018.** The special guest on the occasion was **Prof. Medha Rajyadhaksha** who was awarded a Ph.D. in 1985 by the Pune University for work done at Bhabha Atomic Research Center. Glowing tributes were paid to **Prof. Rajyadhaksha** by **Ms.Yasmin Khan and Dr. Sr. Ananda Amritmahal** in turn shared her experiences at Sophia with the gathering.

The Spirit of Sophia Awards

In 2016 SCESA instituted *The Spirit of Sophia Awards* to honour the teaching and non-teaching staff of the College who have completed long years of service to Sophia College. This year thirteen staff members received the awards.

SCESA OUTREACH

E-Teach Program in Nareshwadi, Dahanu

SCESA has been supporting a rural education project that involves teaching English to students of Grades I to IV of vernacular schools. SCESA sponsors the services of a facilitator who works with 22 schools in the Talasari district in the state of Maharashtra.

Annual General Meeting

The SCESA Annual General Meeting (AGM) 2017 was held on 29th September 2018. The AGM was followed by a talk by Ms. Deane De Menezes founder of "Red is the new Green". She is also the Queen's Young Leader 2018 and was felicitated by Her Majesty Queen Elizabeth II for her work done in the menstrual hygiene space. She encouraged us to reduce the social stigma and economic inequality attached to menstruation by using a sustainable approach.

Sugar and Spice

Sugar and Spice an initiative on adult wellness had five sessions for seniors. These were held once a week from 9th January to 6th February 2019, 10.00 am to 12.00 pm at the Sophia College Women's Centre.

The sessions were on Nutrition, Book- Reading, Zentangle Art, Dancing and Phone- technology. **Rajni Desai**, Hon. Chairperson, SCESA, welcomed the twenty participants that had enrolled for the sessions.

Positive feedback was received from the participants. Phone technology was the most highly rated session. Art and Dance were much appreciated. An honorarium of Rs1500/- was paid to each resource person. Some participants were keen on attending further sessions.

Tea Party for the Administrative Staff

SCESA organized its Annual Tea Party for the Non-Teaching Staff of the College on 14th March 2019 to thank them for the support that they had given us through the year in various ways.

The party included games conducted by **Ms. Roweena Kavadia**, Hon. Secretary SCESA. SCESA Managing Committee Chairperson Ms. Rajni Desai and SCESA Managing Committee Member **Ms. Nirupa Bhangar** was also present at the event.

Refreshments were served and the staff were very appreciative of the party that SCESA hosts every year for them.

Contact us at: E-mail: scesa.sophia@gmail.com

Tel no: 022-23510903

Facebook: <u>www.facebook.com/SCESA.SOPHIA</u>



Coffee and Cake, on 3rd August, 2018



Annual General Meeting, 2018



E-Teach program

C U B A – U S A Report of AASCJ





The Sacred Heart Cuban Alumnae Association (AASCJ) celebrated on March 30, 2019, a Day of Reflection in preparation for Lent at Carrollton, our Sacred Heart School in Miami. The day started with a Mass attended by approximate 50 alumnae, followed by a session on how to better encounter the Lord during His Passion as well as prepare for the Risen Christ with joy and gratitude for all our blessings.

On May 10, 2019, some of our Board Members attended the Senior Induction Ceremony into the Associated Alumnae and Alumni of the Sacred Heart where the almost 100 Graduates from Carrollton were given their senior pins and the AASH and AMASC Passports. It was touching to see some alumnae Grandmothers from Cuba, Argentina and other places pin their granddaughters.

On October 19, 2019, the Feast of *Mater Admirablis* was hosted at Carrollton with a beautiful Mass where the Carrollton students sang the traditional Sacred Heart hymns. Alumni from Puerto Rico, Venezuela, Colombia and Mexico joined us in this

celebration as well as the younger Carrollton ones. Around 50 to 60 alumnae attended this event.

Last November 2, 2019, our yearly fund raising activity, Las Hojas de Otono, started with a Mass. The graduating class of 1959 celebrated their 60 years of graduating from one of our former schools in Cuba, Sacred Heart in Country in Havana that was taken by the Revolution and presently is owned by the government. The delicious luncheon was spiced by the warm comrade spirit of theapproximate 200 alumnae. Deborah Newhouse Dunham, in her new position as AASH Ambassador, joined us in this celebration. After the luncheon, she met with some of the former AASCJ Presidents to brainstorm on the best ways to not only unite our United States Associations, but also find ways to have more of the young alumnae participate in the associations.

Our Cuban Association keeps being reduced in numbers due to our seniority, but the love that was instilled in our schools in Cuba still unites us in ONE HEART!





AUSTRALIA Report of ASCA

The Australian Sacré Cœur Association (ASCA) includes three Schools: Sacré Cœur Burke Road in Glen Iris, Victoria; Kincoppal-Rose Bay in Sydney, New South Wales and Stuartholme in Brisbane, Queensland.

Burke Road has held the ASCA Presidency from 2016 until December 2019 when it will transfer to Stuartholme. The current Presidency of Sophie Jackman and her enthusiastic committee has seen ASCA revitalised and now having transparent financial accounts and records and a communication system which can be readily maintained and sustained over time. The ASCA website has been de-commissioned as inter-School communication is immediately accessible re the Alumnae pages on each School's website. We are most grateful to Anne de Broglio for her tireless dedication to the ASCA website and ASCA communications over many years.

A most enjoyable and successful, inaugural ASCA teleconference meeting was held in July. The current Alumnae Presidents gave an overview of their committees and activities. Burke Road and Stuartholme are fortunate to have dedicated support staff.

Each School has their own style of reunions and we all obtained new ideas from theteleconference. Stuartholme has a dedicated reunion weekend of activities; Kincoppal-Rose Bay has a reunion for older alumnae and School Bursary fund-raising events; Burke Road caters for decade reunion cocktail parties. All Schools have an annual Mass of Remembrance as well as a Mass for Living alumnae prior to their AGM. A group of Burke Road Alumnae run an annual fundraising Small Pleasures Lunch, for the purpose of providing small pleasures, e.g. pampering hampers, weekends awav. spa treatments, babysitting. housekeeping services, to alumnae experiencing a lifethreatening or debilitating illness or injury, or a traumatic event. The Luncheon has been running for over a decade and is extremely successful.

Burke Road has also purchased an online Alumnae platform this year that provides, a dedicated space for our school alumnae community to connect with each other, called *sacconnect* and is made possible because of our Alumnae Relations Manager (working 2 days a week). It has a similar setup to popular social media platforms—and enables our alumnae community to connect with classmates and leverage shared history with alumnae and students to expand professional networks, act as a mentor, serve on alumnae

committees, volunteer at or sponsor events, and support the school's fundraising efforts.

We have made a commitment to maintain annual or biannual contact via tele-meetings and/or face-to-face. We all maintain a strong connection with our Australian RSCJ, most of whom now reside in Sydney, New South Wales.

Our congratulations to Paola del Prete on her election as AMASC President, her Vice-President Jacqueline de Montjoye and their Team. In the Spirit of Cor Unum we wish them well with their AMASC Project and trust that their Term of Office is successful and rewarding for our World Association.



Stuartholme (Brisbane)



Burke Road (Glen Iris)



Kincoppal Rose Bay (Sydney)

USA Report of AASH



Dear Sacred Heart Friends & Family,

The transition from one Biennium to another enriches us with gratitude for our gifts, reflection and contemplation of our past and an opportunity to renew with insight and new hope for the future.

The Rosary in New Orleans was the perfect place to celebrate this transition. I cannot adequately express my gratitude to Head of School, Melanie Guste, RSCJ, who together with Alumnae Director Megan Kepper, pulled together a great team that hosted the entire AASH National Conference on their beautiful campus. Every event was a joy to attend and gave us the perfect balance of sharing information, visiting and celebrating with fellow alumnae/i , as well as thoughtfully examining some of the relevant issues that we all face in our world and organization.

This new Biennium will continue the work of our talented Past President Jodie Hannaman Thorne, to whom I am eternally grateful for her wise leadership and bravery. Her ability to take on the difficult and often unglamorous tasks of modernizing our organization has been a great advantage to us. She has cleared the way for our further advancement and we will continue to remember her most important theme of "Engagement" as we move ahead.

St Madeline Sofie remarked: "We must not be blind to the fact that in these times of activity in which we live, demands are made upon us and obstacles rise so that certain modifications and a certain perfectioning become indispensable." I have reflected upon this quote often; it reveals to me her astute and insightful view of facing change, or perhaps something closer to evolving. This charge and her words should be in our minds and hearts while we seek new ways in which to advance AASH and our Sacred Heart Mission.

Our world is evolving at an accelerated pace and the thought of changing can become a daunting task filled with uncertainty and risk. I know that all facets of our extended Sacred Heart Family are feeling the need to modify our means of communicating our deeply rooted, unfaltering and timeless Mission. We must find new ways to meet the needs of our constituents and spread our message to a world in which we are constantly bombarded with information, saturating our minds and often desensitizing us to matters of the greatest benefit.

The first meeting of the new AASH Board 2019-2021 was a joyful and productive weekend in St. Charles. You would be thrilled with the line-up of fabulous alumnae who have agreed to serve. They are talented, smart and hard-working people who inspired me with their ideas and commitment. We all came to agree upon the need to identify and address the modifications that must be made within our organization to better serve our constituents and our community.

We have begun the development of a new international networking program to strengthen our ties with AMASC and that will enable Sacred Heart people to share resources and information regarding employment, service, relocation, travel and other common interests. We have asked our new AASH Ambassador Deborah Newhouse Dunham to lead the way.

Our Board has committed to diligently working to accomplish these goals and celebrate them when we reconvene April 22-25, 2021 in Detroit to celebrate another Biennium.

We pray for the courage and confidence of Philippine and Sophie as we go about the business of "perfectioning" our association and most importantly, work together with our beloved RSCJ to assume our implicit role as custodians of the mission of the Sacred Heart.

With deepest gratitude in the Heart,

Roselie Bellanca Posselius AASH President

CANADA CASHA Report

2018-2019 was a busy and exceptional year to be part of the local, national and international Sacred Heart family as we shared, promoted and lived the mission of the Sacred Heart.

Every January there is the annual CASHA conference call with reports from the President, Treasurer, RSCJ and the alum chapters in Ottawa, Congo in North America, Montreal and Halifax and from the Heads of Sacred Heart Schools in Montreal (SHSM) and Halifax (SHSH) to stay connected.

February 22-25, 2018, Current and Past CASHA President, Vice President and 9 Canadian alums from across the country participated in the XVI World congress in Merida, Mexico. They celebrated the theme Sophie's Legacy a Gift for the World with 25 RSCJs and over 200 other alums from 34 countries. The newest Emerita Member of AMASC was introduced, Maureen Elliott, Point Grey alum from Vancouver, our first ever Canadian emeritus at the International level. CASHA continues to encourage Canadian alums to seek out the opportunities available in our Global alumnae and alumni family.

On October 1-3, 2018, CASHA President and Canadian AMASC Emerita member attended the extraordinary meeting in Joigny, France to elect the new Board of AMASC Directors. Meetings in the Sophie Barat Centre (home of St. Madeleine Sophie Barat) offered opportunities for networking among 23 national presidents and county representatives.

On November 18th, CASHA executive, Canadian alums, SHSH students and RSCJs attended the live stream mass at the Cathedral Basilica of St. Louis, Missouri. This marked the close of the St. Rose Philippine Bicentennial year and her Feast Day. The mass was broadcast around the world with viewers from 27 countries. Over 1000 members of the Sacred Heart family gathered including Members of the Citizen Potawatomi Nation, 30 descendants of the Duchesne and Perier families, Network of the Sacred Heart educators, students, and RSCJs.

CASHA joined with SHSH and SHSM alum to volunteer and participate at various events. For example: World Service Day Blood Drive; Christmas Fairs; Annual Wine

and Cheese event; Connie Solari, the author of Sophie's Fire-an illuminating look at the life and spirit of St. Madeleine Sophie; Annual Golf Tournament, Bursary Dinner, Alumnae and Alumni Day Tea and Basketball

game; Annual Reunion Dinner and Prize Day/Convocation.

CASHA circulated prayers and reflections to support the RSCJ Year of Prayer. Christmas greetings, and condolences in the memory of RSCJs and Alums were sent to constituents of the SH family. The new US Canada Associates newsletter was distributed by email. As well as shared links for the AMASC exec 2019-2022 and the RSCJ international org. video of the 2018 Global service day- a wave of grace around the world.

Alums from Canada, Congo, Australia and Mexico: Maureen Elliott, Frances Murphy, Catherine Mac Donald, Sarah Cassidy; Sylvie and Mimi Manzembe, Anne de Broglio, Marisa Moreno de Malcher joined with the American alums to attend the 42nd AASH National Conference at the Academy of the Sacred Heart (The Rosary) in New Orleans on April 26 and 27th. There was a pre-conference tour of the Academy of the Sacred Heart / Berchman's Academy in Grand Coteau, Louisana where one of the original paintings of *Mater Admirabilis* is located.

Sarah Cassidy, CASHA President.



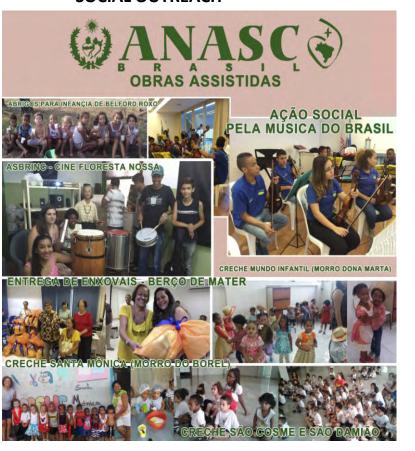
Left: Maureen Elliott in Joigny



BRAZIL

Report of ANASC-Brazil

SOCIAL OUTREACH



- . November 22, 2018: bazaar for early childhood
- . September 7, 2019 : bazaar for assorted merchandise "pulgero"

these two activities were a great success and the funds collected continue to support our social outreach.

. Volunteer work Mater Crib "Berco de Mater"

This volunteer work to provide clothes for pregnant mothers of meager means. We were able to distribute 72 pieces.

. Outreach for boys, girls and youth of the city of Belford Roxo – Rio de Janeiro

Monthly support continues to be provided for this social outreach

. Scholarships for girls and children of former RSCJ employees.

We continue to make monthly contributions for these social actions;

. Cine "Floresta Nossa" (Our forest)

Work directed by the tireless RSCJ Maria Cecilia Amarante, who offers the youth different experiences in the arts, poetry, music, theater, photography and movie;

. Social Action for Brazilian Music

ANASC-BRAZIL is helping this magnificent social work of education in classical music for young people from disadvantaged backgrounds. At present, we are supporting the group's production in important concert halls in Europe

. Nursery Childhood World – Favela Dona Marta-Barrio de Botafoto – RJ

ANASC-BRASIL offered the June Festival "Fiesta Caipira" for the boys and girls of this nursery.

. Learning Institute "Pro-Saber"

This sociocultural project was developed by and alumni, Maria Cecilia Almeida e Silva. It is a free of charge University to form teachers of the "favelas" in Rio de Janeiro.

. "Morro de Amor" Project

Develop a musical interest in the boys and girls of the "Favela" del "Morro dos Cabritos"

OTHER ACTIVITIES

. Conferences

- June 6, 2018 "An afternoon with the modernists Tarsila do Amaral and Anita Malfatti" (Anna Maria Mandelert, alumna)
- July 18, 2018 "Celebration of 200 years of the daring mission of Philippine Duchesne" (Elizabeth Amarante RSCJ)
- . Monthly classes about the history of the Church Sister Clea de Castro Neves, RSCJ (*Picture*)



. Celebration on October 10, 2018 for the Feast of *Mater*:

A beautiful gathering which reunited alumnae and RSCJs in a celebration prepared by Francisco de Assis de Oliveira, an orthodox priest. On this date ANASC-BRASIL selected the new Board for 2018/2022.

AGENDA

of your national associations



CONTINENTAL MEETINGS

Lima, PERU - May 12 - 15, 2020

LATIN AMERICA ENCOUNTER OF SACRED HEART ALUMNAE X ELASC

"Make bridges from walls"

Informations from the continental manager:
Rosa Cristina Jaramillo (Colombia)
latam@amasc-sacrecoeur.net

NEXT AMASC NEWSLETTER

in late May, 2020 THE NEXT AMASC NEWSLETTER WILL BE PUBLISHED

Presidents of national associations who have not already done it, are requested to address the reports of their activities to its manager Alicia Moreyra: hosp@amasc-sacrecoeur.net

Before May 15, 2020

Tours, FRANCE – October 7 – 10, 2020

THIRD EUROPEAN MEETING OF SACRED HEART ALUMNAE

Discovering the Loire Castles

Informations from the continental manager: Pilar Grassa (Spain)

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